LEARNING STYLES IN AUTISM CHECKLIST: Learning Differences and Emotion Regulation Challenges in Autism

<u>Instructions</u>: Check the characteristics that apply and make comments on observations regarding strengths and/or weaknesses.

Note: Rarely will a student have all of these learning differences and emotion regulation challenges.

| Learning Differences | Implicit Learning ☐ Doesn't pick up on information intuitively (needs explicit instruction) ☐ Difficulty with generalization ☐ Strength in rule-based learning (quick to develop routines) | |
|----------------------------------|---|---|
| | Sticky Visual Attention ☐ Narrow focus of attention ☐ Difficulty disengaging and shifting attention including attending to relevant information ☐ Strength in focusing on details | Exam |
| | Executive Function (Organization & Time Management) ☐ Difficulty with planning, organizing, and sequencing tasks ☐ Difficulty with concept of finished ☐ Difficulty with transitions ☐ Poor concept of time management ☐ Difficulty with less structured tasks and/or environments | Examples of Observed Learning Difference(s) |
| | Language and Auditory Processing ☐ Difficulty understanding verbal language ☐ Difficulty with expressive communication; specify ☐ Concrete and literal understanding of meaning/abstract language ☐ Delayed processing speed ☐ Strength in visual processing | |
| | Social Cognition ☐ Difficulty taking another's perspective ☐ Poor understanding of social rules ☐ Difficulty understanding and responding to other's emotions | |
| Behavior and otion Regulation | Sensory and Perception Problems Over-responsive sensory information Under-responsive to sensory information | e(s) |
| Behav Emotion F | Signs of Anxiety, Depression, etc. Asking repetitive questions Affected by changes or unexpected events in environment | |