Carer Card Application form

Please complete and return

I would like to receive carer card on behalf of (child/adult's name)______ age _____

I agree to use the carer card for the above-named person(s) only (One Card per Family)

(sign)_____(print)____(date)

Please print your contact information in the space below

(parent/carer)

| Adress | |
|--------|---------|
| | • • • • |
| | |

phone.....email.....

| Please ensure the following are attached | ed to your application |
|------------------------------------------|------------------------|
|------------------------------------------|------------------------|

To obtain the New Carer Card please send 2 photographs approximately passport photo size. Proof of income support and/or DLA will also be required. (**Do NOT send your original , please make a photo copy of** your entitlement)

Write your reference number here _____

Signed _____

By Signing this form I confirm the permission allowing the DLA reference number to be included on the carer card.

Please return with an S.A.E. to

Autism Independent UK, 199-203 Blandford Ave, Kettering, Northants NN16 9AT

Please insert your new carer card number (displayed at the top of the accompanying letter) below

Carer Card_____

Please Affix one photo here

Remaining photo is to be left loose



Northamptonshire Carer Card and Information Pack



DISCLAIMER

About the carer card.

Autism Independent UK has

We would like all those who use one of our carer cards to consider that the participating organisations are providing a service/discount based upon their express desire to help those who are autistic. We request that the cards should only be used to enrich the autistic persons leisure time, in whose right, the card is issued.

Terms and conditions may change, correct at time of printing. It is up to you to check for any changes with individual establishments. Autism Independent or its staff or members cannot be held responsible in any way

Odeon CEA Card

CEA Card Application Form

REV0007

This application is to be returned with a photograph of the person requiring assistance and is to show their details, not the details of the person providing assistance. Please check carefully you have enclosed all neccessary items. The card will take approximately three weeks to produce.

Please enter the card holders information as detailed.

| First Name | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| Surname | | |
| House Number | | |
| Street Name | | |
| City | | |
| County | | |
| Postcode | | |
| Telephone | | |
| Please ensure you enclose the following items wi | th your application. | |
| Item 1. A passport sized photograph: | | |
| Please print the cardholders name on the reverse in in the post and affix the photo in the box on the right. photo is clear to enable easy checking in the cinema. | Please ensure the | Affix Photograph Here |
| Item 2. A copy of proof of one of the following: | | |
| a) Disability living allowance or attendance allowance This can be a copy letter or copy of payment in the na | The second | Maximum Size 34 x 45 mm |
| b) Registration as a blind person. | | |
| If you are sending originals you require returning plea addressed envelope (SAE) for their return. Documents received without a return request and SA environmentally friendly process. | pox | nd enclose a stamped osed of using an |
| Item 3. Payment by cheque or postal order of £5.5 | 0. | |
| Do not send cash by post. Please send a cheques or | postal orders payable | to : "The Card Network" |
| Please return this form to: CEACARD, PO Box 199, | Deeside, CH5 9BW | |
| For further information please contact us: | | |
| | | |

The Card Network Telephone: 0845 123 1292 Minicom: 0845 123 1297 Email info@ceacard.co.uk or visit www.ceacard.co.uk

Introduction to Northamptonshire

One of Britain's best kept secrets, a land ripened with fascinating history and vast scenic beauty, Northamptonshire is one of the most stunning of the English counties.

Within 2 hours drive of three quarters of the UK's population, you're sure to be closer to us than you ever imagined – And you'll discover that underneath the peaceful surface of this quintessentially English county, bubbles the excitement and variety of lots to do and see.

Miles of real British countryside, miles of things to do...

Whether you decide to stay for a few days or longer, there is always lots on offer for every season, no matter your age or interests. Immerse yourself in the history of the region by visiting one of the majestic stately homes, gardens or castles. Tread where warriors battled at Naseby, meander along our historical waterways or feast your eyes on the renowned boot and shoe collection in Northampton. Several of the Boroughs offer there own reduced rates Leisure pass, details of how to apply are at the back of this booklet.

Enjoy fun with friends or family and plan a trip around one of our big annual events such as the Northampton Balloon Festival.

Lets have a look at what else is available in Northamptonshire...

Cinemas



Kettering Odeon

The Odeon cinema now have there own card system, you have to apply direct and will need photos. Application form found at the Back of this booklet.

Pegasus Court Kettering Northants NN15 6Xs

Telephone: 01536 485848

The Cinema Exhibitors Association Card (CEA card) is a national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. Terms and Condition of use apply.

Visit **www.ceacard.co.uk** for full details on the CEA card.

To apply for the card, you will need to meet one or more of the following criteria:

- Disability living allowance or attendance allowance.
- Be a registered blind person.

The card is valid for 1 years from the date issued.

A processing fee of $\pounds 5.50$ is chargeable per card. This is to be sent along with the completed application.

4.- Optional

To help ensure that our Leisure Services are effective and reaching our entire community please state your ethnic origin. I would describe myself as:

| Choose one section from | A to E, then tick the | e appropriate box to | indicate your |
|-------------------------|-----------------------|----------------------|---------------|
| cultural background. | | | |

| A. | White | British | | Irish |
|----|------------------------------------|---------------------------|-------------------------|-------------|
| | | Any other White backgroun | ıd | |
| В. | Mixed | White and Black | African White and Black | Caribbean |
| | | White and Asian | | |
| | | Any other mixed backgrour | nd | |
| C. | Asian or Asian British Any o | Indian | Pakistan | Bangladeshi |
| D. | Black or Black British | Carib- bean | African | |
| | | Any other Black backgrour | າd | |
| E. | Chinese or ethnic group | Chi- nese | Any other | |

5.

I wish to apply for a Northamptonshire Leisure card(s) on behalf of myself/and other members of my family as detailed on the previous page. I confirm that the above details are correct and I agree to advise Northampton Borough Council of any changes to these. I agree to abide by the conditions governing the use of the Northamptonshire Leisure card(s).

Signed: Date:

Personal Data you have provided will be handled in accordance with the principles of the Data Protection Act 1998, and used for the administration of your . From time to time we would like to provide you with further information about leisure activities we feel will be of interest. If you do not wish to receive such leisure mailings, please tick this box

Northampton Leisure Card Northampton Leisure Card Data Protection Act 1998 Northampton Leisure Card s box

OFFICE USE ONLY

Proof of Concession Checked Top Up Points Card Number Issued Date of Issue Issued by Signature Receipt Number



 Sol Central Northampton NN1 2RN

 Telephone: 0871 224 0240

 Vue Northampton is a modern 10 screen, 2,547 seater cinema located in the Sol Central Shopping Centre. The cinema is well served by public transport and is surrounded by various restaurant and bars, to complement the perfect evening out.

 3 hours FREE Parking for Cinema goers.
 Northampton Leisure Card

3 hours FREE Parking for Cinema goers.NorthamptonHearing assistance: infer red system in all auditoriums.Required



Lings Forum Weston Favell centre Billing Brooke Road Northampton NN3 8JR

Telephone: 01604 837 300

Offering The Best of World Cinema, Film programme includes blockbusters, specialist film, foreign language, Bollywood, archive, educational, non-mainstream British, animation and documentary

See Northampton section for details of how to apply for your Northampton Leisure Card!

APPLICATION FORM Northampton Leisure Card

First Name

DOB

Swimming pools

Corby Swimming pool

| Swimming Pool Complex George Street Corby NN17 1QB | 50m 8 lane Main Pool with spectator area 20m 4 lane Learner Pool |
|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Telephone : 01536 464643 | • Fun pool with Pirate ship (for under 8's) |
| With Corby's Leisure card pers with Autism can swim for £1.5 carer gets in FREE! Check the Corby section for mo details | and 5m fixed 70 station Gym Studio classes Health Suite with sauna, steam and spa pool |
| Kettering Swimming pool | |
| NN15 7QA | Kettering Pool offers Kettering Leisure • 25 metre 6 lane pool Card allows 50% off! • Kettering disabled swimming club Kettering Leisure |
| Splash Leisure Pool | |
| Station Road Rushden Northant's. Telephone: 01933 410 | With Northamptons Leisure Card concession rates. £1.60 for Autistic persons Carer goes free. |
| Mounts Baths The Mounts Swimming Pool Upper Mounts NORTHAMPTON NN1 3DN Telephone: 01604 837 400 | These Baths have been recently restored to their Victorian and Art Deco splendor. Facilities: Main swimming pool, toddler pool, Trilogy Health & Fitness Gym, Turkish hot rooms, steam and sauna, dance studio, sunbeds and table tennis table. With Northamptons Leisure card swim for 2.10, carers swim free Doctors notes accepted as proof of disability. |

| 2. Address Postcode: Mobile Phone: If you wish to be kept informed | | Work |
|-------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------|
| Postcode: Mobile Phone: If you wish to be kept informed | | Work |
| Postcode: Mobile Phone: If you wish to be kept informed | | Work |
| Mobile Phone: If you wish to be kept informed | | Work |
| If you wish to be kept informed | | |
| We will e-mail you every two more forum Cinema, Leisure, Museu | sations then please give us onths with offers and links ums and other leisure attrac | s your email addres to information on |
| 3. - Optional To help us report back to fundir Visual Impairment | ng bodies could you please Hearing Impairment | indicate that if you Multiple Impairme Health/Other Impa |

If you wish to be kept informed of offers and promotions at the Leisure Centres and our partner organisations then please give us your email address. We will e-mail you every two months with offers and links to information on Forum Cinema, Leisure, Museums and other leisure attractions in the area

E-mail:

ш

1.

Surname



Rockingham Rd, Kettering Telephone: 01536 414004

The carers card will allow the holder and the autistic child/adult to bowl for $\pounds 1.50$ per person, which includes shoe hire. If bowling shoes cannot be worn, please bring some suitable indoor footwear. This arrangement is only valid Monday to Friday, between 10am-5pm.



Sixfields, Northampton

Telephone: 01604 755188

The **carers card** will allow the holder and the autistic child/adult to bowl for £2 per person, which includes shoe rental. This discounted rate is only valid Monday to Friday, between the hours of 12noon and 7pm. Term time. The pass may be used at other times, allowing the carer in for free, but standard charges will apply for the autistic individual.

Northampton Leisure Card

Swimming Pool, Forum Cinema, Sports Halls, Table Tennis, Fun zone

The Guildhall Saint Giles Square, Northampton NN1 1DE

Telephone: 01604 837 837

The Northampton Leisure Card offers discounts with the all your favorite activities at Leisure centers in Northampton such as **Lings Forum**, **Danes Camp** and **Mounts Baths**.

Application form displayed in back of booklet .

Leisure Card - costs £6.50 for over 60's and concessions, £15 standard is renewable annually and gives discounts and concessions across all three leisure centers.

FREE PARKING AT ALL LEISURE CENTRES



Kettering Leisure Pass

Kettering Leisure Pass offers up to 50% off at selected facilities and its FREE of charge!

How do I join?

Complete the tear-off reply slip and take with proof of eligibility and your address to:-

Kettering Tourist Information Centre - The Coach House, Sheep Street, Kettering between 10am and 4pm Tuesday to Friday and Saturday 10am to 1pm. Tel: 01536 410266 email: tic@kettering.gov.uk

What proof do I need?

Any suitable proof will do, for example:-

A. If you're over 60: Proof of age

B. In receipt of means tested benefit: Proof/Award/Official letter from:-

- Job Centre Plus; Income Support; Social Worker.
- C. Receiving Housing or Council Tax Benefit: Notification letter from Council Adult dependants are also eligible if you apply at the same time as your partner.
- D. Over 16 years in full time education or training: Confirmation letter from school/ college/university/training body; NUS Card.
- E. Disabled: Evidence of receipt of any disability pension/benefit or allowance. If you need help from a carer to access facilities, please state this when you apply. This will allow your carer to benefit from the reduced rate when you both attend together.

Please be aware this is not an exhaustive list. For a full list of suitable proof, please contact the Tourist Information Centre on 01536 410266.

Terms & Conditions

Kettering Borough Council has discretion on the Leisure Pass application being accepted. Any fraudulent or wrongful information given will result in the cancellation of their Leisure Pass, as will use by unnamed card holders, and any further action necessary. Facilities and sessions offering discounts are subject to availability and may be withdrawn without notice. Cards may not be used after the expiry date.

| For Office Use Only | Leisure Pass Number |
|--------------------------------------------------------------------------|-----------------------------------------|
| Proof of eligibility seen Lifestyle scheme L Receiving officer Centre | Category Date Expiry Date Ward |

| | Northampton | Sixfields | Wellingborough | Corby | Kettering | Daventry | Hamilton | Pitsford/ East Carlton | Rushden |
|--------------------------------|-------------|-----------|----------------|-------|-----------|----------|----------|---------------------------|---------|
| Swimming | LC | | Р | LC | | LC | | | CC |
| Bowling | LC | СС | | | CC | | | | |
| Cinema | LC | | | | | | | | |
| Other Leisure facilities | LC | | CC | | | | СС | N | |
| Gym | | | | | | LC | | | |



Other features include, Bowling, Function room, Parties, Squash courts, Sports Halls, Table tennis, fun zone and much more.

Call the numbers below to find out what's on offer for you.

Danes Camp Telephone: 01604 837200

Lings Forum Telephone: 01604 837 300

Mounts Baths Telephone:01604 837 400

| KEY | | | | |
|------------|-----------------------|---------------------|----------------------------------|------------------------|
| CC | LC | N | Р | OC |
| Carer Card | Towns Leisure Card | No Card Required | Proof of Disability needed | Odeon's Cinema Card |

Kettering Leisure

Kettering Borough Council Leisure Pass

Bowling Green Road Kettering NN15 7QX

Leisure pass is free. They allow access to various leisure facilities throughout the Borough at a discounted rate up to 50%. You can apply for a Leisure Pass plus one which allows access for carers who need accompany the person with autism. You will need to check beforehand the facilities involved what concession rate they allow for the carer.

Please contact Kettering borough council for more details on Ketterings Leisure pass

Kettering Swimming pool

| London Road Kettering | | Kettering Pool offers | With your Kettering leisure pass, The price |
|--------------------------|------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|
| Telephone 01536 41 | 0253 | 25 metre 6 lane pool Kettering disabled swimming club Aqua keep fit swimming lessons | to Swim is reduced from £3, to just £1.50 ! |

Kids Kingdom

Thurston Drive Kettering NN15 6PB

Telephone: 01536 484838

Carer Card allows the Child to enter for £3.00 and carer enters free. Open daily from 10am till 6pm. Kids Kingdom is an exciting place where you can... .

- Race your friends in the dodgems
- Brave the speedy drop slide
- Learn to climb our 15ft climbing wall
- Ride the ladybird carousal
- Woosh down the 4-lane Astra slide
- Scramble nets, Ball canons, Trampolines

Age limit 16

Other Places of Interest

Pitsford Reservoir

Brixworth northants NN6 9DG

Telephone:

This 750 acre site is home to Northampton Sailing and offers plenty of water sports and recreational activities. The surrounding country park is an ideal area for walking and admiring the wildlife

East Carton Park

East Carlton Park is situated on the edge of the beautiful Welland Valley. The Heritage Centre coach house and stables have been converted into a museum displaying the history and development of Corby.

Play Area - The park includes an all inclusive play

area for all ages. **Cafe -** offers light meals, hot and cold drinks and ice cream.

Country Walks - There are country walks throughout the park, through fine mature woodland and grass-lands.



East Carlton, Market Harborough, LE16 8YF Telephone: 01536 770 977

- •One seesaw
- •Three slides
- •One fireman's pole
- •Two tubular bells
- •One rope bridge

●Ramp

- •Sand based safety surfaces
- •Safety surface, wet pour
- Swings
- •One play roundabout
- •Two cradle swings
- ●DDA Path

| | Ó | CERTIFICATION OF CONTRACT OF CONTRACTOR OF CONTRACT OF |
|------------------------------------------|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Barton road Kettering NN15 6NJ | | Come to the famous Wicksteed Park where you can visit the fair ground, the arena, the Lake side, and the play- ground. Visit www.wicksteedpark.co.uk to see whats on offer |
| Telephone: 015 | 36 512475 | for you. |
| Concessions Season ticket | £11.00 pe £ 8.00 per £30.00 pe £50.00 pe | the visitor centre where a form will be filled in and a photograph taken. |
| | | Proof of disability (medical card or other) are required. Carers still pay full price (£11.00) |
| Rockingham Roc Kettering, NN16 9AW | yor def ad, | Contact the Visitor Centre for details |
| Telephone: 0153 | C ea If | Bowl at the New York Thunder bowl, and with a Carer Card the Autistic person(s) and carer bowl for only £1.50 ach! Including shoe rental. If bowling shoes cannot be worn, please bring some uitable indoor footwear. |

Deal valid Monday to Friday, between 10am-5pm.

Dudley Zoological Gardens

Registered charity number: 507221

1 The Parade Dudley, West Midlands DY1 4QB

Telephone: 08844 742272

| PRICE's are as follows | | | | | | |
|---------------------------------------------------|--------------------------------|----------------|--|--|--|--|
| Jormal Rates | With yo | our Carer Card | | | | |
| adults (15 & over) Children Senior Citizens | - £11.30 - £8.90 - £7.50 | £9.90 £6.00 | | | | |



One Free Admission for Carer with Disabled Visitor

At the Dudley Zoological Gardens there is much to see, the Bird of Prey in the Castle Courtyard, the Discovery Centre, Monkeys, Penguin Feeding, Meerkats, and even meet the animas on the farm.

| Lions Bears Lemurs | Birds Giraffes | Crocodiles |
|--------------------|----------------|------------|
|--------------------|----------------|------------|

Dudley Castle was constructed in 1070 and was first mentioned in the Doomsday Book in 1086. It was held by various Lords of the Manor until the 1960s. You can now explore the area and even venture through the castle on a Ghost Tour.



Paul's Pirates

Unit 15 Regent Park Off Booth Drive Wellingborough Northamptonshire NN8 6GR

Telephone: 01933 679265



Paul's pirates hopes to to provide a friendly atmosphere - we have a television and magazines for parents and we'll do our best to accommodate you and your children in the best way that we can.



Stanwick Lakes is a unique countryside attraction in the heart of the Nene Valley in Northamptonshire. It is a site which really does offer something for everyone: leisure opportunities, access to attractive countryside and abundant wildlife can all be found here.

The Lakes are managed by Rockingham Forest Trust on behalf of East Northamptonshire Council.

Price:- Free (parking charges are £2, £3 during summer holidays and weekends)

Wellingborough leisure

Wellingborough Swimming academy



Laser Maze offers you the ultimate laser tag game. Using state-of-the-art, computer controlled equipment, you try to score points by shooting your opponents with our high-tech lasers. The game is played in our huge, 2700 sqr foot laser labyrinth on 2 floors filled with special effect lighting, great music and eerie fog all creating an exciting atmosphere. Suitable for players ages 7 up.

Wellingborough Museum

12 Castle Way Wellingborough, Northants, NN8 1XB

Telephone: 01933 276838

If you enjoy history, visit Wellingborough museum! Displaying History of the Victorian times, WW1 artifacts, an Ironmongery, model rail way a haberdashery shop, and much more

FREE entry.

Open Monday- Saturday 10am- 4:30pm

Hamerton Zoo Park

Hamerton, Nr Sawtry Cambs PE28 5RE Telephone: 01832 293362 PRICE's are as follows Normal Rates With your **Carer Card** Adults (13 & over) - £8.50 £6.50 Children - £5.50 £4.50 Senior Citizens - £7.50



| Snakes | Tigers | Cheetahs | Wolves | Meerkat | Monkeys |
|--------|--------|----------|--------|---------|---------|
|--------|--------|----------|--------|---------|---------|

There's more than just seeing our collection of animals

Play Areas

We also have 2 play areas, one for babies and toddlers and the other for older children. Both get a "thumbs up" from all that play.

We've got more planned...

We are continually improving and enlarging the animal collection and facilities. Our new and unique system of walkways will expand throughout the entire park.

Gift Shop

The gift shop sells everything from pencils to pictures. There's loads to choose from including a great range of plush animals to take home.

Picnic and Gardens

The new covered picnic areas and gardens gives you a great area to relax and enjoy the snacks and drinks served by our Coffee shop.

Coffee Shop

Why not treat yourself to a snack or afternoon tea and cake from our coffee shop. Perhaps an ice cream or lollie pop? We also sell a selection of hot and cold drinks, sandwiches and all kinds of snack foods.

Stroll-a-Safari

The Stroll-a-Safari allows you to get up close to our domestic animals and you can even feed some of them.

Corby Leisure

Corby Swimming Baths

| Swimming Pool Complex | |
|----------------------------------------------------------------------|--------|
| George Street | |
| Corby | |
| NN17 1QB | |
| | |
| Telephone: 01536 464643 | |
| Telephone: 01536 464643 With Corby's Leisure card r | persoi |

With Corby's Leisure card **person's** with Autism can swim for £1.55 and carer gets in FREE!

Loyalty cards can be applied for with the correct proof of disability by contacting the number above, the fees are as follows. £5.00 Resident £2.50 OAP, Junior & Concession £10.00 Non Resident

- 50m 8 lane Main Pool with spectator area
- 20m 4 lane Learner Pool
- Fun pool with Pirate ship (for under 8's)
- 63m Aqua-tube body ride
- Diving boards: two of 1m & 3m spring and 5m fixed
- 70 station Gym
- Studio classes
- Health Suite with sauna, steam and spa pool

Willows Arts Theatre

Another great place to visit in Corby is the Willows Arts Theatre, where many great performances are held.

Visit: www.thestage.co.uk/listings/venue.php/2545/willows-arts-centre-corby

To find out whats on, Or call the number below. Be sure not to miss out!

Telephone: 01536 402233

Daventry Leisure Centre

Lodge Road,

Daventry,

NN11 4FP

Telephone: 01327 871144

Facilities include:

- 25 Metre Swimming Pool
- Wave Machine and Water Cannons
- Teaching Pool
- Extensive Spectator Area
- Changing Village
- Gym
- Six Court Sports Hall suitable for 5-a-side football, cricket, badminton, basketball & trampolining.
- Squash Courts
- Adventure World Children's Soft Play Area
- Children's Birthday Parties
- Holiday play-scheme activities
- A variety of vending machines offering a range of refreshments
- Free Car Parking

Canons Ashby House

Canons Ashby House, Daventry, NN11 3SD

Telephone: 01327 860044

Whilst in Daventry why not visit Canons Ashby House



Canons Ashby was built during the Elizabethan period. It was updated in the 18th and 19th century and you can now enjoy the Jacobean paintings, plaster work and tapestries, and explore the medieval remains in the park.

There are regular events throughout the year, including craft and wine fairs and summer theatre and musical performances.

FREE parking

Swimming

For Daventry's Leisure card visit the leisure centre with proof of ID and proof of disability. eg. DLA. Leisure card entitles the person with Autism to **swim** for £1.85 and their carer goes FREE!

Gym Facilities

An Induction is required costing £30 for both carer and person with autism, this enables person with autism to access gym facilities for £3.45 and carer goes FREE.